

# SIAL

# CODE OF PRACTICE FOR HEALTH AND SAFETY

#### **Last reviewed September 2023**

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Signed by

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Alberto Pravettoni (Chair of the Board of Governors)

#### **AIM**

The aim of SIAL Health and Safety Code of Practice is to create an awareness of precautions and measures regarding safety that must be observed in and out of school by all users of the school: children, school staff, parents/carers and the local community.

#### **OBJECTIVES**

- To provide and maintain a safe and healthy environment
- To promote the safety and welfare of all members of the school community.
- To promote good safety procedures, alertness and control and instill concern and consideration for the safety of others. Each individual must know how to protect him or herself and must know what to do in emergencies, including basic first aid and other procedures.
- To teach sensible safety habits within the whole curriculum: sometimes through topics, for example, safety rules during experiments covered in Science; or through a PSHE topic, for instance on Road Safety, smoking or drugs. Outside agencies, such as the Police, Fire Brigade and Road Safety Officer, are invited to address the children.
- To encourage children to develop beneficial habits through good health and hygiene routines.

SIAL believes that children learn best through practical experience and active involvement in all areas of the curriculum. Pupils are taught to have care and consideration for themselves and others:

- in the classroom
- when using equipment, e.g. scissors, tools, P.E. apparatus
- when moving around school
- when carrying out investigations, e.g. a pond/pollution/soil studies
- when on educational visits

#### **LEGISLATION**

This policy is based on advice from the Department for Education on <u>health and safety in schools</u> and the following legislation:

- <u>The Health and Safety at Work etc. Act 1974</u>, which sets out the general duties employers have towards employees and duties relating to lettings
- <u>The Management of Health and Safety at Work Regulations 1992</u>, which require employers to make an assessment of the risks to the health and safety of their employees
- The Management of Health and Safety at Work Regulations 1999, which require employers to carry out risk assessments, make arrangements to implement necessary measures, and arrange for appropriate information and training
- The Control of Substances Hazardous to Health Regulations 2002, which require employers to control substances that are hazardous to health
- The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) 2013, which
  state that some accidents must be reported to the Health and Safety Executive and set out the
  timeframe for this and how long records of such accidents must be kept
- <u>The Health and Safety (Display Screen Equipment) Regulations 1992</u>, which require employers to carry out digital screen equipment assessments and states users' entitlement to an eyesight test
- <u>The Gas Safety (Installation and Use) Regulations 1998</u>, which require work on gas fittings to be carried out by someone on the Gas Safe Register
- <u>Fire Safety Act 2021</u> and <u>The Regulatory Reform (Fire Safety) Order 2005</u>, which require employers to take general fire precautions to ensure the safety of their staff
- The Work at Height Regulations 2005, which requires employers to protect their staff from falls from height
- <u>Documento di Valutazione dei Rischi Art. 17,28 e 29- D.Lgs. 81/2008</u> for the Italian legislation

The school follows <u>national guidance published by Public Health England</u> when responding to infection control issues.

#### **ROLES AND RESPONSIBILITIES**

#### **Board of governors**

The Board has overall collective responsibility for health and safety within the school, but delegates responsibility for the strategic management of such matters to the Head.

#### Head

The Head is responsible for health and safety day-to-day. This involves:

- Implementing the health and safety policy
- Ensuring there is enough staff to safely supervise pupils
- Ensuring that the school building and premises are safe and regularly inspected
- Providing adequate training for school staff
- Reporting to the governing board on health and safety matters
- Ensuring appropriate evacuation procedures are in place and regular fire drills are held
- Ensuring that in their absence, health and safety responsibilities are delegated to another member of staff
- Ensuring all risk assessments are completed and reviewed
- Monitoring cleaning contracts, and ensuring cleaners are appropriately trained and have access to personal protective equipment, where necessary

#### **General School Assistant**

The General School Assistant has day-to-day management responsibility for ensuring that, so far as is reasonably practicable, arrangements are in place for:

- safety and security (including Fire safety)
- emergencies

Their duties also include:

- ensuring maintenance requirements are dealt with
- monitoring health and safety within the school and raising concerns with the Head.

#### **Health and Safety Committee**

SIAL has a Health and Safety Committee who meets once a term to review safety measures and reports of accidents, to assist in reviewing the school's Health and Safety Code of Practice and to ensure safety procedures are implemented throughout the school.

The Health and Safety Committee is composed of: the Head and at least two members of staff.

#### Staff

School staff have a duty to take care of pupils in the same way that a prudent parent would do so. Staff will:

- Take reasonable care of their own health and safety and that of others who may be affected by what they do at work
- Co-operate with the school on health and safety matters
- Work in accordance with training and instructions
- Inform the appropriate person of any work situation representing a serious and immediate danger so that remedial action can be taken
- Model safe and hygienic practice for pupils
- Understand emergency evacuation procedures and feel confident in implementing them.

#### Pupils and parents/carers

Pupils and parents/carers are responsible for following the school's health and safety advice, on-site and off-site, and for reporting any health and safety incidents to a member of staff.

#### **Contractors**

Contractors will agree health and safety practices with the Head before starting work. Before work begins the contractor will provide evidence that they have completed an adequate risk assessment of all their planned work.

#### **GENERAL HEALTH AND SAFETY ARRANGEMENTS**

Full Health and Safety of the school premises is always in place. This is reviewed annually by a competent engineer. Recommendations on measures needed to prevent or control identified risks are discussed and the necessary action taken.

SIAL has standard procedures in case of an emergency in school, such as a fire or bomb alert, when the building is evacuated.

Fire drills are carried out at least once a term. All staff and children are familiar with the routine and know their own exit route, place of assembly and roll-call system (see separate Critical Incident Code of Practice and Fire Code of Practice).

SIAL has a few school rules that are made specifically for safety reasons, such as walking (not running) in the school buildings, playing within sight of an adult, care of property etc. Children are aware of the school rules which are constantly promoted in class and during assemblies.

#### **SECURITY OF THE PREMISES**

The Head is responsible for ensuring that the building provides safe and healthy surroundings for the children and that basic repairs and maintenance are undertaken.

New staff will be trained in Health and Safety as part of their induction. A refresh on Health and Safety procedure is provided annually to all member of staff. All staff and pupils will be made aware of any new health and safety procedures.

The main door of the building must be closed at all times. The School's designated keyholders are: the Head, the Assistant Head, the Administrator and the Chef.

Children enter and leave school by the main door.

The General School Assistant and cleaners maintain clean and tidy buildings and grounds. Any equipment/hazardous substance is locked away. All equipment is to British Standards and is maintained regularly.

#### Class Teacher

It is the responsibility of the class teacher to make sure his/her classroom is secure, the windows closed and equipment and lights switched off before they leave the premises.

#### **General School Assistant**

The General School Assistant checks at the end of each day that all windows are closed and that the doors are locked and secure.

The Administrator or other member of staff on duty performs the above functions in the absence of the General School Assistant.

#### Visitors on site

Any parent or visitor is welcome in school but must report to the school Office. They will be asked to sign the visitors' book and be given a visitor's badge to wear during their visit. At the end of their visit they must again report to the school office, return the badge and sign the visitors' book with the time of departure.

#### **FIRE**

Emergency exits, assembly points and assembly point instructions are clearly identified by safety signs and notices. Fire risk assessment of the premises is reviewed annually.

Emergency evacuations are practised at least once a term.

The fire alarm is a loud continuous bell.

Fire alarm testing will take place once a week.

New staff will be trained in fire safety as part of their induction. A refresh on Fire procedures is provided annually to all member of staff. All staff and pupils will be made aware of any new fire risks.

In the event of a fire:

- The alarm will be raised immediately by whoever discovers the fire and emergency services contacted. Evacuation procedures will also begin immediately
- Fire extinguishers may be used by staff only, and only then if staff are trained in how to operate them and are confident they can use them without putting themselves or others at risk
- Staff and pupils will congregate at the assembly points (Marsh & Parson Office on the left of the building)
- The office will take a register of pupils and staff signing IN/OUT board, which will then be used for carrying out roll call for pupils and staff
- Staff and pupils will remain outside the building until the emergency services say it is safe to reenter

The school will have special arrangements in place for the evacuation of people with mobility needs and fire risk assessments will also pay particular attention to those with disabilities. Personal Emergency Evacuation Plans are completed for any staff or pupils who need assistance.

See separate Fire safety Code of Practice for further information.

#### **ELECTRICAL SAFETY**

The Head is responsible for ensuring systems comply with the scope of the Electricity at Work Regulations 1989 and will keep records of all electrical installations and equipment, electrical checks and the electrical testing equipment operated by the school.

All electrical control panels and switch rooms will be kept secure and display electrical hazard signs.

Users of electrical equipment should visually check for defects before use. If a defect is noticed, the Head must be notified. The Head is responsible for making sure action is taken.

The fixed wiring at the school will be examined on a 5-yearly basis in line with the IEE Regulations by a competent company.

All portable electrical appliances are PAT tested annually by a competent company.

#### **GAS SAFETY**

Installation, maintenance and repair of gas appliances and fittings are carried out by a competent Gas Safe registered engineer.

Gas pipework, appliances and flues are regularly maintained. Boilers are examined yearly by a competent company.

All rooms with gas appliances are checked to ensure that they have adequate ventilation.

#### **CHILDREN'S HEALTH AND SAFETY**

All parents/carers are asked to provide the following information about their children and to notify of any changes that occur (see Appendices 2-4):

- name and contact detail of G.P.
- information on the child's health
- allergies and dietary requirements
- emergency contacts and arrival and collection arrangement

If a child is found to be ill, or have a contagious condition while at school, parents/carers will be contacted and the child will be looked after by the Office, away from other children, until a parent/carer arrive. Children should not return to school until they are well enough to participate in all normal school activities. The school will follow recommended exclusion periods outlined by Public Health England, summarised in appendix 6 'Recommended absence period for preventing the spread of infection'.

In the case of a child being well enough to return to school after an illness but still on a course of antibiotics or other medicine, see The Administration of Medication During School Hours below.

Parents/Carers are asked to notify any infectious illness or condition their child may be suffering from. If a child has an infectious disease he or she should not return to school until cleared by a doctor. At such times an e-mail informing parents and carers of any infectious or contagious diseases in the school community will be circulated to all.

Children must not be sent to school suffering from diarrhoea as it is very infectious. In the case of diarrhoea, children must not return to school until 24 hours after they are completely clear of the condition.

Parents/Carers are asked to inform the school of any visible injury that children sustained at home (cuts, bumps, bruises etc.); so that we know to keep an especially careful eye on them while they are at school and also to avoid confusion as to where and when such injuries have occurred.

If a child comes to school with injuries she/he sustained at home (cuts, bumps, bruises etc.) which have not been communicated to the school, teachers will fill in a record sheet to inform the school office, who will then telephone the parents/carers to discuss this, to confirm that the school is aware of it and will be monitoring the injury. Parents/Cares, or the person collecting the child, will be asked to sign the record sheet at the end of the day.

All the children are taught to take care of themselves and each other but, in a school environment, accidents can occur. Most are minor and can be dealt with by any member of staff. A number of the staff are qualified First Aiders and basic First Aid kits are kept on every floor (see separate First Aid Code of Practice).

#### THE ADMINISTRATION OF MEDICATION DURING SCHOOL HOURS

In accordance with Government guidelines the following procedure is followed for the administration of medication at SIAL:

- Prescribed medication can only be administered by a First Aider if the parent/carer has filled out and signed a Medication form (see Appendix 1). The medication must be brought into school in a suitable labelled container that states the child's name, the name of the medicine and the dose and time the medication is required.
- Non-prescribed medication must not be administered by staff. However, under certain circumstances, such as when pupils are away on residential trips, it may be appropriate to seek written permission from the parents/carers to administer a mild analgesic, such as paracetamol, to relieve pain, should this be necessary.
- No creams or lotions are to be administered, e.g. Arnica cream, Witchhazel. All cuts and bruises must be cleaned with water or antiseptic wipes. Individually wrapped sterile adhesive dressings are safe to use provided that they are not used on anyone who may suffer an allergic reaction to certain types of plaster. Before plasters are used, First Aiders must establish whether the person requiring treatment has such an allergy. If the person has such an allergy, an alternative dressing, i.e. a non-allergic plaster or dressing, must be used.
- All Epipens/inhalers etc. are kept in a safe place in the school office, accompanied by a letter from the parents/carers stating exactly when and how they are to be administered. They must be taken to sports lessons and any lessons off site and school trips.
- For a child who requires emergency medication on a long term basis because of the chronic nature of their illness (for example, asthma, diabetes, epilepsy), the parent/carer must request permission in writing for appropriate members of staff (i.e. the Senior First Aid Officer (SFAO), the Form Teacher, the Teaching Assistant, the Sports teacher) to administer the medicine if necessary. The medication must be brought into school in a suitable labelled container that states the child's name and the name of the medicine. Detailed written instructions must be supplied to the SFAO and the nature of the likely emergency and how to cope. Emergency daytime contact numbers must be provided where the parent/carer can be contacted.
- For a child who has to take medicine in school for the treatment of a long term illness, the parent must write to the school authorising the SFAO to administer the medicine and give precise instructions regarding dosage and frequency. The medication must be brought into school in a suitable labelled container that states the child's name, the name of the medicine, the dosage and time and frequency of administration. Wherever possible the medicine should be self-administered under supervision of an adult. No medicine should be kept in school bags it must be handed in to the SFAO.
- For casual ailments (coughs, colds etc.) it is usually possible for doses of medication to be given outside school hours. Should a child require a dose of medicine at lunchtime, the parent must come to school to administer the medicine. However, a request can be made for the SFAO to administer a lunchtime dose. As above, the request must be put in writing and precise instructions of dosage must be given. The medicine must be clearly labelled with the name of the child and handed in to the SFAO at the beginning of the day.
- All medicines are kept in a safe place in the school Office and are administered by a First Aider.
   Every effort is made to administer the medicine at the correct time, but this cannot be guaranteed.
- It must be noted that members of staff are not required to dispense medicine as part of their contract and any agreement to do so is voluntary.
- A list of children's allergies is on all class notice boards as close to the teacher's desk as possible (folded over so that the information cannot be seen casually — for confidentiality reasons) and its location is drawn to the attention of supply teachers.

#### INFECTION PREVENTION AND CONTROL

The school follows national guidance published by Public Health England when responding to infection control issues.

We will encourage staff and pupils to follow this good hygiene practice, outlined below, where applicable.

#### Handwashing

- Wash hands with liquid soap and warm water
- Always wash hands after using the toilet, before eating or handling food, and after handling animals
- Cover all cuts and abrasions with waterproof dressings

#### Coughing and sneezing

- Cover mouth and nose with a tissue
- Wash hands after using or disposing of tissues
- Spitting is discouraged

#### Personal protective equipment

- Wear disposable non-powdered vinyl or latex-free CE-marked gloves and disposable plastic aprons
  where there is a risk of splashing or contamination with blood/body fluids (for example, nappy or
  pad changing)
- Wear goggles if there is a risk of splashing to the face
- Use the correct personal protective equipment when handling cleaning chemicals

#### Cleaning of the environment

• Clean the environment, including toys and equipment, frequently and thoroughly

#### Cleaning of blood and body fluid spillages

- Clean up all spillages of blood, faeces, saliva, vomit, nasal and eye discharges immediately and wear personal protective equipment
- When spillages occur, clean using a product that combines both a detergent and a disinfectant and use as per manufacturer's instructions. Ensure it is effective against bacteria and viruses and suitable for use on the affected surface
- Never use mops for cleaning up blood and body fluid spillages use disposable paper towels and discard clinical waste as described below
- Make spillage kits available for blood spills

#### Clinical waste

- Always segregate domestic and clinical waste, in accordance with local policy
- Used nappies/pads, gloves, aprons and soiled dressings are stored in correct clinical waste bags in foot-operated bins
- Remove clinical waste with a registered waste contractor
- Remove all clinical waste bags when they are two-thirds full and store in a dedicated, secure area while awaiting collection

#### Pupils vulnerable to infection

Some medical conditions make pupils vulnerable to infections that would rarely be serious in most children. The school will normally have been made aware of such vulnerable children. These children are particularly vulnerable to chickenpox, measles or slapped cheek disease (parvovirus B19) and, if exposed to either of these, the parent/carer will be informed promptly and further medical advice sought. We will advise these children to have additional immunisations, for example for pneumococcal and influenza.

#### Exclusion periods for infectious diseases

The school will follow recommended exclusion periods outlined by Public Health England, summarised in Appendix 6. In the event of an epidemic/pandemic, we will follow advice from Public Health England about the appropriate course of action.

#### ARRIVAL AND COLLECTION PROCEDURES

All parents/carers are asked to provide information about their children's arrival and collection arrangement and to notify of any changes that occur.

When children arrive in the morning, between 8:20am and 8:30am, one member of staff stands at the entrance to welcome the children and ensure that they enter safely and go to their classroom.

At home time classes are dismissed one at a time. Children line up in the corridor at the entrance. The teacher stands at the door and dismisses one child at a time.

Children can be dismissed ONLY if their parent/carer sees them. The teacher stands in front of the door and looks for the parent/carer of the first child and only when he/she sees the parent or adult responsible for collecting the child can the child be dismissed. If the parent/carer of a child is not visible, the child is sent to the back of the line. For EY classes two members of staff are needed for more security.

The school will not permit any child to be collected by anyone other than those nominated by their parents/carers.

If a child has to be collected by someone other than the nominated adult the name(s) must be noted in the children's diary. If this person is not known by the school then they will be asked to verify their identity through recognised means of photo identification (passport, driving license etc.).

<u>Y6</u> children will be allowed to leave school on their own IF AND ONLY IF the school receives written permission from their parents / primary carers.

#### **PLAY TIME SUPERVISION**

Morning breaks and lunch time breaks are held in the hall and in the outdoor patio area. In order to minimise accidents:

- only three classes play in the hall and outdoor patio area at the same time
- two teachers must be supervising; if both the hall and the patio are used at the same time, one teacher must be in the hall and one in the patio area
- the hall must be clear of superfluous equipment (tables, chairs, etc.)
- toys and other equipment for playing must be ready when children arrive; the door leading to the storage under the stage must NOT be opened when children are playing
- ensure all equipment is safe and nothing is cracked or broken. Cracked or broken items must be removed immediately. A general check of all equipment must be done at least once a term.

#### ISSUES RELATING IN PARTICULAR TO EYFS and KS1

- Children go to the toilet on their own (having asked permission). The toilet is situated on the same floor as the classrooms.
- Only 2 children may go at one time.
- In the event of an accident one child would return to the class to ask for help. The teaching assistants would in any case be keeping an eye on proceedings. We feel it is important for the children to go on their own to develop their independence skills.
- In the event of an accident when a child is away from the classroom (e.g. playtime) he/she would tell the adult on duty.
- In the event of an accident children are reassured and clean clothes provided.

• In order to secure rapid communication with the school office, EYFS and Extra-hours Club are provided with mobile phone to call the school office in case of emergencies.

#### **LUNCHES AND SNACKS**

School meals are prepared according to good dietary principles, and considering the nutritional needs and any allergies and intolerances of each individual child, as per our Allergies Awareness Code of Practice. All parents/carers are asked to complete an Allergies and Special Dietary Requirements Form (see Appendix 3).

Fruit is provided for the children during the mid-morning break and water is always available. Children sit down and are not allowed to play or run around while eating. The member of staff on duty also ensures that no child is allowed to eat while walking up the stairs.

Children may bring a snack for the period between the end of the school day and the start of their extended-hours or after-school clubs. Healthy break-time snacks are encouraged. Crisps, chocolates and sweets are not allowed and no nuts of any kind are to be brought to school. If a child brings a snack to school that is clearly unhealthy (i.e. sweets, chocolate, crisps etc.) then the supervising teacher will temporarily confiscate the snack and will return it when the child is collected at the end of the day.

#### PHYSICAL EDUCATION AND SAFETY

SIAL always has the safety of the children in mind. There is a risk element to Physical Education of which the school is aware.

General points to be considered when teaching P.E.:

- The teacher must be dressed appropriately, with jewellery removed. The correct footwear is essential to ensure quick and safe movement when necessary.
- The teacher must be aware of what the children are doing throughout the session and must not leave them on their own.
- On the day of P.E. lessons children must come to school into their sports kit and trainers for safety and hygiene reasons. They must wear trainers or other suitable footwear for outside activities. Baggy clothing is not permissible. With the exception of a small pair of stud earrings, for children with pierced ears, and a discrete chain and symbol worn for religious reasons, children are not permitted to wear any form of jewellery to ensure their safety at all times. If the items jewellery described above are worn, they should be removed for P.E. lessons or, in the case of the studs, covered with appropriate tape for the duration of the lesson.
- If a child constantly forgets to wear his/her sports kit, a letter must be sent to the parents/carers, reminding them that P.E. is part of the school curriculum and it is therefore necessary that their child comes to school into his/her sport kit.

#### **Gymnastic Safety**

- Large pieces of gymnastic apparatus must be moved only when there is a member of staff present. All equipment must be checked by a member of staff and returned to its proper place at the end of the lesson.
- The teacher must consider if the environment is safe and whether dangerous situations can arise. Is the floor wet or slippery? Is the area clear of superfluous equipment (tables, chairs, filing cabinets)? Are the mats in the right places? Are all the fixing points and bolts in the right places?
- The children must participate in sufficient warm-up activities before the lesson begins, to avoid injury. The teacher must be able to see the whole class (important during apparatus work).
- Is the apparatus suitable for the age of the children? The teacher must know how many children are safe on each piece of apparatus and must group the children accordingly.

- If only one person at a time can go on the apparatus, make sure the next child does not start until the first is off the apparatus and mats.
- Discourage the children from touching each other (especially giving support), unless the specific task you have given them requires it, e.g. partner work.

#### **Games Safety**

Ensure all equipment is safe and nothing is cracked or broken. All equipment must be checked again and put away at the end of the lesson.

If playing in the school team against another school, the children must follow the school code of behaviour for representing the school. At the match, teachers must ensure that all the children can be seen.

#### Dance Safety

Although dance is less dangerous than other physical activities, teachers must be aware of certain hazards. The teacher must make sure there is nothing in the hall on which children could harm themselves.

#### **EQUIPMENT AND USE OF HAZARDOUS SUBSTANCES IN SCHOOL**

All potentially hazardous substances are kept in a locked store, in their original containers, with clear labelling and product information. Control of substances hazardous to health (COSHH) risk assessments are completed and circulated to all employees who work with hazardous substances. Staff will also be provided with protective equipment, where necessary. Any hazardous products are disposed of in accordance with specific disposal procedures.

All electrical equipment classed as temporary is subject to regular PAT testing (Portable Appliance Testing).

All equipment must be stored safely and returned to its correct storage place after use. Craft knife blades must be retracted before they are put away.

Hardboard must be used to protect surfaces when using tools. An adult must always supervise children who are using tools. The correct procedures and techniques need to be shown to the children beforehand.

#### **ICT Equipment**

- ICT lessons are delivered in an appropriate classrooms using laptops
- In the event that laptops must be taken to another classroom, this must be done at the beginning of the lesson and must be returned to the correct storage place after use. A small group of children (maximum four) can be appointed to be in charge to move the laptops, but a maximum of two laptops at a time must be carried
- Laptops must be charged before the beginning of the lesson, so that there is no need of cables connected to plugs in the classroom
- Laptops must be located only on the children's desks
- The door to each classroom and any other additional fire exits must be kept clear at all times; do not allow them to be blocked by equipment or pupils' bags
- See also Appendix 5 'How to work safely with ICT'

#### Musical Equipment

- The location of the lesson, and the volume of sound produced, must be taken into consideration
  when planning a music lesson. Avoiding the potential to distract other classes is of utmost
  importance.
- Class music lessons Individual music lessons are delivered in an appropriate classrooms.

• All musical instruments, stereo systems, recording or electrical equipment must be returned to the correct storage place after use.

#### **MANUAL HANDLING**

It is up to individuals to determine whether they are fit to lift or move equipment and furniture. If an individual feel that to lift an item could result in injury or exacerbate an existing condition, they will ask for assistance.

The school will ensure that proper mechanical aids and lifting equipment are available in school, and that staff are trained in how to use them safely.

Staff and pupils are expected to use the following basic manual handling procedure:

- Plan the lift and assess the load. If it is awkward or heavy, use a mechanical aid, such as a trolley, or ask another person to help
- Take the more direct route that is clear from obstruction and is as flat as possible
- Ensure the area where you plan to offload the load is clear

When lifting, bend your knees and keep your back straight, feet apart and angled out. Ensure the load is held close to the body and firmly. Lift smoothly and slowly and avoid twisting, stretching and reaching where practicable.

#### **CHILDREN MOVING EQUIPMENT**

In the normal day-to-day running of the school, there are times when children might need to move equipment or items or furniture - perhaps chairs, sports equipment, laptops or other small pieces of equipment.

Children must *always* be supervised when moving any equipment or piece of furniture. Some items could be heavy or awkward to handle. Children are shown how to lift and carry safely and reminded of this each time.

#### P.E. and Sports Equipment

When using large apparatus, children must be shown how to bend before lifting and moving apparatus. Gym mats will need at least two children per mat. Children are shown how to pick them up and put them down, so that they do not trap their fingers or feet.

The supervising adult allocates the appropriate number of children to lift heavy items.

#### Furniture

Chairs must be moved one at a time and children are taught how to carry them correctly. They may carry a single chair on their own. If a large number of chairs are needed, then the school general assistant will supervise. Tables need one child at each end. No child should attempt to lift a table single handed.

Small items of equipment - tape players, CD players, P.E. trolleys - can be moved by the children under adult supervision. When an item of equipment or furniture is being moved from one room to another, the supervising adult must nominate a child to open and close doors.

Items children must not move:

- computers (which are not laptop) wires can get caught and monitors can easily fall off trolleys
- televisions and overhead projectors
- piano although on castors, it can tip and trap feet or fingers
- cooker too heavy and awkward
- paper cutters dangerously sharp blade
- children must not stand on chairs or tables to remove displays, nor must they remove staples, pins etc. from display/notice boards.

#### **WORKING AT HEIGHT**

Work at height should be avoided where possible. Where work at height cannot be avoided, work must be properly planned, supervised and carried out by competent people with the skills, knowledge and experience to do the work and work equipment or other measures must be used to prevent falls.

#### In addition:

- The school retains ladders for working at height
- Pupils are prohibited from using ladders
- Staff will wear appropriate footwear and clothing when using ladders
- Contractors are expected to provide their own ladders for working at height
- Before using a ladder, staff are expected to conduct a visual inspection to ensure its safety
- Access to high levels, such as roofs, is only permitted by trained persons

#### **LONE WORKING**

Lone working may include:

- Late working
- Weekend working
- Site manager duties
- Site cleaning duties
- Working in a single occupancy office

Potentially dangerous activities, such as those where there is a risk of falling from height, will not be undertaken when working alone. If there are any doubts about the task to be performed, then the task will be postponed until other staff members are available.

If lone working is to be undertaken, a colleague, friend or family member will be informed about where the member of staff is and when they are likely to return.

The lone worker will ensure that they are medically fit to work alone.

#### **HOT WORKS**

The Head is the responsible person for ensuring that no hot work is undertaken without prior agreement and a hot work permit issued. This applies equally to the school's staff and outside constructors. Constructor must also provide a copy of their public liability insurance certificate before commencement of any hot work. The responsible person will liaise with contractors regarding the details of any hot works and permission to proceed.

Hot work will only be authorised where a safer method of work is not available.

Hot work should only be carried out by trained personnel.

Before work starts the area must be cleared of combustible material which is not part of the work process. Any combustible material that cannot be removed should be protected by non-combustible material.

Suitable fire extinguishers must be provided and a watch kept for fire break out whilst work is in progress

When welding, cutting, grinding or similar activities are taking place the work area must be suitably screened with non-combustible material. Care must be taken where sparks / hot particles are generated.

Gas cylinders should be secured in a vertical position and fitted with a regulator and flashback arrestor.

A risk assessment will be completed for all hot works.

#### **ASBESTOS**

It is the school policy that no employee or other person for whom the school is responsible should, so far as is reasonably practicable, be exposed to asbestos (except in the case of an approved asbestos surveyor or licensed removal contractor).

The last asbestos survey of the school's premises was carried out in 2016. There is no asbestos currently known to be present in the school's premises.

Where asbestos exists or is suspected within the school's premises:

- An asbestos risk assessment will be conducted by specialist surveyors to identify asbestos containing materials in OB. This will be kept in the Head' office.
- An asbestos register will be maintained for each property showing the location, type and condition of the asbestos. The Head will be responsible for the up keep of the register.
- Details of the asbestos register will be made available to all visiting contractors (as required).
- Where any work is likely to involve contact with asbestos containing materials, the Head will appoint an HSE licensed contractor to undertake the works.
- Where an employee / contractor / pupil believe they have discovered asbestos they should contact the Head immediately so that appropriate action can be taken.

#### **OFF-SITE VISITS**

In accordance with LEA safety regulations, educational visits are planned in advance, with staff making a prior inspection of the venue, if possible. Risk assessments are prepared in advance and consent forms and details of the visit are sent to parents. Children must wear appropriate clothing for the activity planned. The correct adult to child ratio is always observed, and the class teacher always takes a first-aid kit, mobile phone and list of emergency telephone numbers.

All teachers know that the safety of children when travelling off site is of paramount importance and follow the procedures laid out in the Educational Visit Code of Practice.

#### **SMOKING POLICY**

SIAL is a no-smoking school. Smoking is not permitted in any area of the school by staff, children, parents or visitors to the school.

DRUGS AND ALCOHOL - see separate code of practice

#### **NEW AND EXPECTANT MOTHERS**

The school aims to ensure that suitable arrangements are in place to protect the health, safety and welfare of employees who give written notification to the Head that they are pregnant, have given birth within the last six months or are breastfeeding. The Head will undertake / arrange for a specific Risk Assessment for the employee. It must be carried out with the specific employee and take account of any medical advice that has been provided by her doctor. The Risk Assessment should be reviewed on a regular basis as the employee's condition changes.

The individual assessed should:

- inform their doctor of the nature of their work
- follow any arrangements implemented for their protection at work
- not act in a manner that could adversely affect their own health and safety, or that of their child
- keep the Head informed of any concerns or difficulties they may have

#### **OCCUPATIONAL STRESS**

We are committed to promoting high levels of health and wellbeing and recognise the importance of identifying and reducing workplace stressors.

Systems are in place within the school for responding to individual concerns and monitoring staff workloads. The Head, Deputy Head and Key Stage Co-ordinators will:

- Give constructive feedback to people
- Consult with staff during periods of change
- Ensure staff have been trained to enable them to do their job
- Monitor workloads and working hours

Where issues of stress are identified, the school will:

- Raise awareness of support mechanisms available
- Put an action plan in place to address any issues identified
- For return to work instances, monitor any phased return and allow the individual to provide feedback
- Records relating to any identified stress issues will be retained by the Head and treated as confidential.

Employees should report any issues of concern to the Head in the first instance and should co-operate with any remedial issues that are put into place.

#### **TRAFFIC POLICY**

Our Travel Plan is designed to minimise traffic disruption at delivery and collection times. We are aware that it is important to consider the needs and routines of all those who live and work in the vicinity of the school. This is in line with the recommendations of RBK&C planning department.

- Families are encouraged to walk, cycle or scoot if at all possible.
- If requested, for those who are obliged to drive to school and do not wish to park, we can operate a warden assisted drop off system. Parents using this facility must enter Norland Square and continue their journey as detailed in SIAL Travel Plan.
- Where possible parents are encouraged to join 'car runs' to minimise the number of car drop offs.
- Drivers wishing to come into school with their children are requested to park at the pay and display bays available on both Norland Square and Addison Avenue, at either side of the school's block so that they will not add to congestion in Holland Park Avenue.
- For collection in the afternoon, parents are requested to be considerate and park away from the school if possible.

#### Car parking

Car parking is a concern at SIAL, as it can be a hazard for those who use the school and for those who live or work within the vicinity of the school. Drivers parking cars in the roads outside or near the school, while dropping off or collecting children, should show consideration for the safety of pedestrians, other road users and the immediate community.

The road markings near the school must be observed at all times.

#### Cycling

Children who have been given written permission by their parents to cycle to and from school on their own must have a cycling proficiency award and wear adequate safety equipment.

#### **ANIMALS IN SCHOOL**

Dogs or other pets are not allowed on the school premises, except with permission from the SLT, when a small animal/pet might be brought to school as part of a demonstration or curriculum resource etc.

Should a dog chance to enter the premises and foul an area of the school grounds, the area must be cleared up immediately, as there is a possibility the children could pick up serious infections, e.g. toxocariasis.

Parents with dogs must keep them outside the school premises, clear of the exit gate, so that children are not frightened.

#### **CONTRACTOR ON SITE**

- Contractors must telephone the school Office and make appropriate arrangements before commencing work.
- When they arrive, all contractors must report to the school office and the Administrator will be notified of their arrival. They will be requested to sign the visitors' book and be given a visitor's badge to wear during their visit. At the end of their visit they must again report to the school office, return the badge and sign the visitors' book with the time of departure.
- Contractors work under the close supervision of the Head, so that there is no danger to the health and safety of children or adults in school.
- When not in use, any equipment that contractors bring into school must be stored in a safe place.
- No repairs or maintenance can be carried out in areas that children or adults are occupying; this includes cloakroom and toilet areas.
- No work must be in progress in the playgrounds during break times and lunchtime.

NB: The guidance below is communicated to contractors.

#### Guidance for Contractors on site

SIAL complies with the recommendations of the Health and Safety Inspector (Kensington and Chelsea Local Authority) and requests you to refrain from the following practices:

- Smoking in the building or in the grounds, as SIAL is a no-smoking school
- Talking to the children (who have been taught not to talk to strangers)
- Moving vehicles while children are at play
- Working on or near the playgrounds while the children are at play
- Leaving equipment lying around or unattended
- Playing music during school hours

If you have any problems, please see the Head.

Other code of practice referred to in this document are:

- Educational Visits
- Critical Incident
- Fire
- First Aid
- Accessibility plan
- Drugs and Alcohol

#### **FURTHER INFORMATION**

#### **Useful Documents and Resources**

Reporting accidents, injuries, work-related diseases and dangerous occurrences:

Postal reports to Incident Contact Centre Caerphilly Business Park Caerphilly CF83 3GG

Internet reports to: www.riddor.gov.uk or www.hse.gov.uk

Telephone (local rate) 0845 300 9923; Fax (local rate) 0845 300 9924

e-mail: riddor@natbnt.com

#### **HSE Publications**

RIDDOR reporting:

Information about the New Information Centre 2001

Guide to the Reporting of Injuries, Diseases and Dangerous Occurrence Regulations 1995 (ISBN 0 7176 24315)

RIDDOR Explained.

The reporting of Injuries, Diseases and Dangerous Occurrences Regulations 1995

Health & Safety Management in Schools

Safety Policies in Schools (various)

Safety Policies in the Education Sector

Five steps to risk assessment: Managing Health and Safety

Contractors in Schools

ASE Be Safe — Safety Policy and Risk Assessment

Folens Publishers Primary Professional Development:

Managing Medicines in School (FA5428)

NAS/UWT Health and Safety Representatives Handbook (annual)

The Stationery Office Health and Safety Law — What You Must Know October 99 Pack of 25 leaflets





## Medicine request form

I authorise	_ to administer medicine as detailed below.
Date	
Pupil	
Name of medicine	
Time medicine must be given	
Quantity	
Reason	
Data Protection Policies.	provided will be processed in accordance with the school's Privacy and
Date	
Name in full	
Signed	

#### **APPENDIX 2**

#### YOUR CHILD'S HEALTH

Child's full name:
Doctor's Name:
Doctor's Address:
Doctor's tel. no.:
Does your child suffer from: Diabetes, Epilepsy, Asthma, allergies of any kind, or any other medical conditions?
YES NO If YES, please specify:
Is your child on any medication?  YES NO If YES, please specify:
Are your child's immunisations up to date?  YES NO
Does your child have any disabilities?
YES NO Service NO Service NO NO Service NO S
Do you give us permission to seek any necessary emergency medical advice or treatment, if any of the contacts you have provided are unreachable?  YES NO
I understand that all personal data provided will be processed in accordance with the school's Privacy and Data Protection Policies.
NAME IN FULL
SIGNATURE DATE



### **ALLERGIES AND FOOD REQUIREMENTS**

Child's	full nam	ne:		•••••			••••••		•••••			•••••
Does v	our child	d have a	nv alle	rgies?								
YES ,			NO									
If YES, please specify:												
If YES,	please p	rovide	a docto	or certifi	icate or	any oth	er releva	int medic	al docur	nent		
Please	provide	any det	ails tha	at could	be relev	/ant:						
-	How se	evere is	the alle	ergy? Pl	ease use	e the sc	ale provid	ded belov	v from 0=	mild to	10=sever	·e
	Mild	1	2	3	4	5	6	7	8	9	10	Severe
_	How m	any alle	rgy rea	ctions d	lid he/sl	he have	so far? _					
-		-										
-												
-	Any otl	her susp	ected	allergies	:?							
-	Other											
YES If YES,	our child please s indicate	pecify: _	NO				edical, re	ligious o	r other re	easons?		
YES I unde	rstand th	nat all po	NO ersonal olicies.	data pr	ovided v	will be p	rian men processed	in accor	dance wi	th the sc	hool's Pr	ivacy
											DATE	



# EMERGENCY CONTACT and

#### **ARRIVAL and COLLECTION ARRANGEMENT**

Child's full name:
EMERGENCY CONTACT
We need details of at least two persons other than parents/carers we can contact in case of an
emergency.
Contact 1
Full name:
Telephone number:
Relation to the child:
Relation to the child:
Court of 3
Contact 2
Full name:
Telephone number:
Relation to the child:
Change of address autological and an about the matified to the cab ad IRARAT DIATTIV
Change of address or telephone number should be notified to the school IMMEDIATELY.
Who will bring/collect your child from school?
I understand that it is my responsibility to inform any emergency contact and person authorised to
collect my child on my behalf of any disclosure of their personal data to the school and of how it will be
used by the school in accordance with its Privacy and Data Protection Policies.
NAME IN FULL
SIGNATURE DATE

#### **BECTA Guidelines**

#### How to work safely with ICT

ICT offers a range of benefits for teaching and learning, but all computers and devices need to be used with care. This material looks at the health and safety issues involved in using computers in general, in the classroom and in the ICT suite.

Computers and peripherals such as printers are electrical equipment, so there are some general points to consider:

- Ensure that all electrical installations are carried out by a qualified electrician.
- All equipment must be of a reliable standard and must be checked annually by qualified electricians.
- Ensure that no cabling is trailing on the floor.
- Ensure that seating is suitable for the size of pupils using it.
- Ensure that benching is sturdy enough to withstand the weight of the hardware and additional equipment stored on it.
- Follow health and safety guidance regarding the height, position and distance of monitors and keyboards from pupils when working.
- If you are using a data projector, make sure that all leads are safely located, and that pupils don't walk around the back of working areas which have cables.
- If you are using an interactive whiteboard, ensure that all children can reach it without standing on anything.
- If using data projectors or interactive whiteboards, ensure that pupils never look directly into the beam of the projector. If presenting to the class and entering the beam, pupils must not look towards the audience for more than a few seconds, and ideally must keep their backs to the beam at all times.
- If you are working with programmable toys such as floor turtles, create a clearly defined working area; use markers or seating to define the work space to ensure that pupils do not accidentally fall over equipment.

#### Working safely in the ICT suite

Pupils must be aware of rules for using the ICT suite. Ideally, they will be involved in devising these rules and may make posters explaining why the rules are necessary.

- Fire exits must be kept clear at all times; do not allow them to be blocked by equipment or pupils' bags.
- If pupils are going to be seated for extended periods, ensure that good-quality seating is provided which supports the back.
- Seating must be height-adjustable so that monitors and keyboards are correctly positioned and pupils do not have to look up or down at the monitor for prolonged periods.
- Check to see if there is too much reflected light on monitor screens, making it difficult for pupils to see.

- Ensure that pupils can see displays adequately.
- Make sure that pupils have room to make notes or use textbooks alongside the computer.
- Ensure that the room temperature does not get too warm because computers are kept switched on for prolonged periods.
- Ensure that there is enough fresh air circulating; installing a fan simply moves the warm, stale air about without renewing it.

#### Working safely in the classroom

There are some issues that are more relevant to working on computers in the classroom:

- Locate the computers in areas where pupils can sit and work without distracting or disrupting others in the class.
- Ensure that procedures for connecting peripherals (scanners, digital cameras, webcams, control technology equipment and monitoring equipment), adhere to school and local authority health and safety guidelines.
- Ensure that additional equipment is situated where it will not cause a hazard such as trailing cables.
- If you are using laptops, ensure that they are located on firm desks or tables.
- Ensure that all electrical equipment is located away from water supplies, and that pupils have a sound knowledge of electrical safety.
- Ensure that pupils don't take drinks to tables if they are working with electrical equipment such as cameras, videos, laptops, computers or datalogging equipment.

If you have a number of portable computers in the classroom, you may want to set up a procedure to be followed when they are to be moved. For example, you could stipulate that only a small group of pupils must move at a time, or designate specific pupils to be responsible for laptops.

#### Projector health and safety issues

Use of data projectors as part of interactive whiteboard solutions has been subject to best practice guidance issued by the Health and Safety Executive (HSE) that established effective guidelines for use and constraints on brightness for safety reasons.

The emergence of ultra short throw projectors presents a positive step forward in the development of technologies that support interactive learning and teaching and at the same time provide a safer classroom environment. The widespread use of interactive technologies to enrich the learning and teaching experience already makes a valuable contribution to the educational process. When used in accordance with the established HSE guidance these technologies can be an effective aid to learning and institutions must actively develop the application of existing interactive whiteboard technologies embedding their use within teaching and learning. For these installations the following guidance is still relevant:

Employers must establish work procedures for teachers/lecturers and pupils/students and give instruction on their adoption so that:

- Staring directly into the projector beam is avoided at all times.
- Standing facing into the beam is minimised. Users, especially pupils and students, must try to keep their backs to the beam as much as possible.
- In this regard, the use of a stick or laser pointer to avoid the need for the user to enter the beam is recommended.
- Pupils and students are adequately supervised when they are asked to point out something on the screen.
- Employers must also try to ensure that projectors are located out of the sight line from the screen to the audience; this ensures that, when presenters look at the audience, they do not also have to stare at the projector lamp. The best way to achieve this is by ceiling-mounting rather than floor or table-mounting the projector.

In order to minimise the lamp power needed to project a visible presentation, employers must use room blinds to reduce ambient light levels.

The new ultra short throw technologies provide schools with an alternative to existing traditional data projector installations and present improvements in safety for end users when utilising this type of projection technology within an interactive whiteboard solution. Also as this technology presents a potential elimination of the risk to injury through exposure to the beam then existing brightness (lumen) constraints that are suggested for traditional data projector installations can be relaxed, providing a brighter and more defined image. This therefore reduces the impact of ambient lighting and provides more flexibility in respect of where to site the equipment within the classroom. There is also an inherent security and safety benefit that can be derived from the installation itself which does not need to be ceiling or boom mounted.

In light of these developments schools in the process of procuring new interactive whiteboard solutions or refreshing their current interactive whiteboard solutions must actively consider ultra short throw projectors as an option.

However, it is important to point out that any installation of interactive whiteboard solutions must only be undertaken following an appropriate risk assessment as required under Section 6 of the Health and Safety at Work Act 1974.

#### **Electrical installations**

All electrical installations undertaken, including whiteboards, must follow all local authority guidelines. In most cases these must follow the BS7671 and NICEIC standards. It is important to note that projector power installations that are classed as temporary are subject to PAT testing (Portable Appliance Testing) under the Electricity at Work Regulations 1989.

Information relating to the safe operation and use of projection equipment must be provided by the suppliers with all installations, especially in relation to beam viewing by teachers and pupils.

This list of recommended absence periods for preventing the spread of infection is taken from non-statutory guidance for schools and other childcare settings from Public Health England. For each of these infections or complaints, there is further information in the guidance on the symptoms, how it spreads and some 'do's and don'ts' to follow that can be checked.

Infection or complaint	Recommended period to be kept away from school or nursery
Athlete's foot	None.
Campylobacter	Until 48 hours after symptoms have stopped.
Chicken pox (shingles)	Cases of chickenpox are generally infectious from 2 days before the rash appears to 5 days after the onset of rash. Although the usual exclusion period is 5 days, all lesions should be crusted over before children return to nursery or school.  A person with shingles is infectious to those who have not had chickenpox and should be excluded from school if the rash is weeping and cannot be covered or until the rash is dry and crusted over.
Cold sores	None.
Rubella (German measles)	5 days from appearance of the rash.
Hand, foot and mouth	Children are safe to return to school or nursery as soon as they are feeling better, there is no need to stay off until the blisters have all healed.
Impetigo	Until lesions are crusted and healed, or 48 hours after starting antibiotic treatment.
Measles	Cases are infectious from 4 days before onset of rash to 4 days after so it is important to ensure cases are excluded from school during this period.
Ringworm	Exclusion not needed once treatment has started.
Scabies	The infected child or staff member should be excluded until after the first treatment has been carried out.
Scarlet fever	Children can return to school 24 hours after commencing appropriate antibiotic treatment. If no antibiotics have been administered the person will be infectious for 2 to 3 weeks. If there is an outbreak of scarlet fever at the school or nursery, the health protection team will assist with letters and factsheet to send to parents or carers and staff.

Slapped cheek syndrome, Parvovirus B19, Fifth's disease	None (not infectious by the time the rash has developed).
Bacillary Dysentery (Shigella)	Microbiological clearance is required for some types of shigella species prior to the child or food handler returning to school.
Diarrhoea and/or vomiting (Gastroenteritis)	Children and adults with diarrhoea or vomiting should be excluded until 48 hours after symptoms have stopped and they are well enough to return. If medication is prescribed, ensure that the full course is completed and there is no further diarrhoea or vomiting for 48 hours after the course is completed.  For some gastrointestinal infections, longer periods of exclusion from school are required and there may be a need to obtain microbiological clearance. For these groups, your local health protection team, school health advisor or environmental health officer will advise.  If a child has been diagnosed with cryptosporidium, they should NOT go swimming for 2 weeks following the last episode of diarrhoea.
Cryptosporidiosis	Until 48 hours after symptoms have stopped.
E. coli (verocytotoxigenic or VTEC)	The standard exclusion period is until 48 hours after symptoms have resolved. However, some people pose a greater risk to others and may be excluded until they have a negative stool sample (for example, pre-school infants, food handlers, and care staff working with vulnerable people). The health protection team will advise in these instances.
Food poisoning	Until 48 hours from the last episode of vomiting and diarrhoea and they are well enough to return. Some infections may require longer periods (local health protection team will advise).
Salmonella	Until 48 hours after symptoms have stopped.
Typhoid and Paratyphoid fever	Seek advice from environmental health officers or the local health protection team.
Flu (influenza)	Until recovered.
Tuberculosis (TB)	Pupils and staff with infectious TB can return to school after 2 weeks of treatment if well enough to do so and as long as they have responded to anti-TB therapy. Pupils and staff with non-pulmonary TB do not require exclusion and can return to school as soon as they are well enough.
Whooping cough (pertussis)	A child or staff member should not return to school until they have had 48 hours of appropriate treatment with antibiotics and they feel well enough to do so or 21 days from onset of illness if no antibiotic treatment.

Conjunctivitis	None.
Giardia	Until 48 hours after symptoms have stopped.
Glandular fever	None (can return once they feel well).
Head lice	None.
Hepatitis A	Exclude cases from school while unwell or until 7 days after the onset of jaundice (or onset of symptoms if no jaundice, or if under 5, or where hygiene is poor. There is no need to exclude well, older children with good hygiene who will have been much more infectious prior to diagnosis.
Hepatitis B	Acute cases of hepatitis B will be too ill to attend school and their doctors will advise when they can return. Do not exclude chronic cases of hepatitis B or restrict their activities. Similarly, do not exclude staff with chronic hepatitis B infection. Contact your local health protection team for more advice if required.
Hepatitis C	None.
Meningococcal meningitis/ septicaemia	If the child has been treated and has recovered, they can return to school.
Meningitis	Once the child has been treated (if necessary) and has recovered, they can return to school. No exclusion is needed.
Meningitis viral	None.
MRSA (meticillin resistant Staphylococcus aureus)	None.
Mumps	5 days after onset of swelling (if well).
Threadworm	None.
Rotavirus	Until 48 hours after symptoms have subsided.